

RELEASE – Must Be Signed

(Will be Returned if Unsigned)

IN CONSIDERATION OF being permitted to participate in the 2010 LHT (Sunday, September 19, 2010), for myself, my personal representatives, assigns, heirs, and next of kin:

1. I ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe the conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. I FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation or that of the minor in the activity.

3. I HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the CCCC, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Rider Date

Signature of Parent or Guardian if entrant under 18 Date

PLEASE FILL OUT THE INFORMATION BELOW:

	ITEM	COST	QTY	TOTAL
INDIVIDUAL ENTRY FEE	Before August 28 (Includes Meal)	25.00		
	Aug. 28 to Sept. 11 (Includes Meal)	30.00		
	Sept. 11 to Day of Ride (Meal may NOT be Included)	35.00		
FAMILY ENTRY FEE (Parents and Children)	Before August 28 (Includes Meal)	60.00		
	Aug. 28 to Sept. 11 (Includes Meal)	70.00		
	Sept. 11 to Day of Ride (Meal may NOT be Included)	80.00		
Non-Rider LUNCH (must be in by September 11, 2009)		10.00		
LHT T-SHIRT MUST BE ORDERED BY AUG. 28TH	Small	35.00		
	Medium	35.00		
	Large	35.00		
	X-Large	35.00		
	XX-Large XXX-Large	35.00		
Donation to TART TRAILS				
TOTAL AMOUNT ENCLOSED				

ONLINE REGISTRATION powered by **Active.com** is available at www.leelanauharvesttour.org. A small processing fee will apply when you register online.

You may also go to www.cherrycapitalcyclingclub.org and link to the Leelanau Harvest Tour (LHT) for registration information.

PRST STD
U.S. POSTAGE
PAID
TRAVERSE CITY, MI
PERMIT NO. 490

Cherry Capital Cycling Club
P.O. Box 1807
Traverse City, MI 49684-1807

2010
Leelanau
Harvest Tour

Sunday
September 19, 2010
Rain or Shine!
online registration powered by
active.com

2010 Leelanau Harvest Tour

Sunday
September 19, 2010

Pedal through Scenic
Leelanau County

Benefit Ride for
TART Trails, Inc.

Sponsored by
Cherry Capital Cycling Club
Traverse City, Michigan
www.leelanauharvesttour.org
www.cherrycapitalcyclingclub.org

2010 LEELANAU HARVEST TOUR DETAILS SUNDAY, SEPTEMBER 19, 2010

DIRECTIONS:

The ride starts at Glen Lake High School located 15 miles west of Traverse City. 3375 W. Burdickville Rd., Maple City, MI 49664

REGISTRATION / CHECK-IN:

7:00 a.m. to 10:00 a.m. at the school. Try to gauge your ride time. **CENTURY RIDERS MUST START BY 8:00 A.M. 67 mile must start by 9:00 a.m.** The 25 and 45 mile start by 10:00 a.m. You will want to finish by 4:30 p.m. as SAG service will not be available after that time. Century riders will need to return before 4:00 p.m. in order to enjoy the post-ride lunch.

DISTANCE OPTIONS:

25, 45, 67, and 100 mile routes. Paved roads throughout. Scenic terrain from flat to rolling hills with a few challenging "power hills" on each of the routes.

WE WILL PROVIDE:

- Well-marked Roads for all four ride choices.
- SAG support on all routes for emergencies.
- Food Stops with toilet facilities.
- Bike Techs will be available in the morning for last minute help at a minimum fee.

SAFETY REQUIREMENTS:

- **HELMETS ARE REQUIRED AND MUST BE WORN!**
- All riders must obey the laws of the State of Michigan and practice courtesy and safe cycling.
- **CHILDREN 12 AND YOUNGER MUST BE ACCOMPANIED BY AN ADULT.**
- Bikes need to be in good working order.

RIDE FOOD STOPS:

Great food on all routes. Rest stops on longer routes are spaced 20-30 miles apart, each with its own lake view. Local specialties will be featured. Each rest stop has toilet facilities.

POST-RIDE HARVEST LUNCH for all riders

Pre-Registered by Sept. 11th:

Lunch will be served at the school when you return from your ride. Pre-registration guarantees you a lunch. The cost of the lunch is included in your pre-registration fee. The Lunch will begin at 12:00 noon and will close at 4:00 p.m. (Registrations made later than Sept. 11th may not include the lunch, depending on the number of day-of-ride registrations. Be sure to register early!)

ONLINE REGISTRATION:

(Powered by Active.com) A mail-in registration form is included with this brochure, but you may also register online (a small processing fee will apply). Go to www.leelanauharvesttour.org. Click on the link provided to complete and pay for your registration online!

FREE ONSITE CAMPING:

The Glen Lake High School grounds will be available for camping on Saturday night. Restrooms and showers will be open at the school from 5 p.m. Saturday until 5 p.m. Sunday.

Coffee will be available on Sunday Morning at the school.

LONG SLEEVED PERFORMANCE SHIRTS:

Brand new design and color for 2010! A great shirt to be seen and be safe on the roads.

They must be ordered by September 1 to take advantage of the pre-registration price of \$35.00. A limited number of shirts will be available for purchase on the day of the ride for \$40.00.



T-Shirts are neon green, long sleeve. The logo above will be printed across the front of the shirt. A small CCCC and TART logo are on the sleeve.

FOR MORE INFORMATION:

Visit: www.cherrycapitalcyclingclub.org or www.leelanauharvesttour.org for online information. You may also E-mail your questions to: pam@traversetrails.org.

You can call the TART Trails office at (231) 941-4300. They will be able to answer your questions about the Leelanau Harvest Tour and give you information about the local area trail system. (TART stands for Traverse Area Recreation and Transportation Trails.) **Proceeds from the LHT are donated to support the TART Trails and their ongoing trail network expansion and improvements.**

2010 LEELANAU HARVEST TOUR Mail-in Application and Release

ONE FORM FOR EACH RIDER – **PLEASE PRINT**
(Please duplicate for additional riders.)

NAME: _____

ADDRESS: _____

CITY: _____

STATE: _____ ZIP: _____

PHONE: () _____ AGE: _____

E-MAIL: _____

EMERGENCY CONTACT: _____

Emergency Contact PHONE: () _____

Route: 25 Mile
 45 Mile
 67 Mile
 100 Mile

I plan to camp at the school.

- **Sorry, No Refunds.**
- **Rain or Shine.**
- **Make checks payable to**
Cherry Capital Cycling Club
- **Mail to:**
Cherry Capital Cycling Club/LHT
P.O. Box 1807
Traverse City, MI 49685-1807