



COVID-19 AMBASSADOR & VOLUNTEER SAFETY POLICY

STAY HEALTHY



Do not go out on the trails if you exhibit symptoms such as fever, cough, shortness of breath and/or body aches. If you have been exposed to someone you know/suspect has COVID-19, follow all CDC recommended steps, including staying home, contacting a medical professional and self-isolating for 14 days.

SELF ASSESSMENT



Ambassadors & volunteers are required to complete a self-assessment before going into the field to work. The form can be found at <https://www.surveymonkey.com/r/tartvolunteer>

GO SOLO OR WITH FAMILY



Maintain a self sufficient and self contained work area as much as possible. Head out on the trails solo or only with members from within your household or group.

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KEEP PHYSICAL DISTANCE AT 6' APART

Physical distancing of at least six feet from each other and other trail users is recommended at all times.

WASH HANDS



All Ambassadors & volunteers must regularly wash their hands with soap and water for at least 20 seconds and must use gloves where appropriate and available.

COVER UP



TART will supply non-medical grade masks to those who want them. Face coverings must be worn by volunteers and staff in the field and in the office (as appropriate).



SANITIZE TOOLS

All Ambassadors & volunteers must regularly clean and sanitize all hard and frequently touched surfaces including any tools, signage or implements used. Try to not share tools.



FOLLOW ALL SAFETY PROCEDURES

All Ambassadors & volunteers should follow normal trail safety procedures and lead the way with proper trail etiquette.

YOU ARE A PRECIOUS RESOURCE.
PLEASE STAY SAFE.

SEE COMPLETE POLICY AT [TRAVERSETRAILS.ORG](https://traversetrails.org)
CONTACT: [KATE@TRAVERSETRAILS.ORG](mailto:kate@traversetrails.org)